

Plain Film (X-Ray)

Information for patients

Radiology Department

This document can be provided in different languages and formats. For more information please contact:

Radiology Call Centre: 0115 875 4568
Opening Hours: 08:30-12:30 13:00-16:30

Introduction

Your GP has referred you for an X-ray at Nottingham University Hospitals NHS Trust. You will need to **make an appointment** to have your X-ray examination.

Please wait 24 hours after your GP has made the referral before telephoning us to make an appointment for your X-ray.

We have two X-ray departments where you can choose to be seen:

Queens Medical Centre (QMC)
X-ray, B floor, Queens Medical Centre,
Derby Road, Nottingham
NG7 2UH

City Hospital
X-ray, West corridor, City Hospital,
Hucknall Road, Nottingham
NG5 1PB

How do we manage your referral for X-ray?

When your GP makes a referral for X-ray, the Radiology department will check the referral against national clinical and ionising radiation guidelines. Occasionally, a GP referral may not be accepted – in those cases we will send an explanation to your GP.

What should you expect when you come for your appointment?

We try to see you within half an hour of your appointed time. Sometimes there may be an unavoidable delay but our staff will keep you informed.

Depending on your examination you may be asked to change into a hospital gown. This is to ensure that the X-ray image is clear of external objects such as zips, buttons and

buckles.

Is my X-ray examination safe?

Since radiation is used there is a small risk. All procedures are carried out under strict control to ensure that the radiation dose used to capture the image is as low and safe as possible.

We receive a small dose of radiation every day from our environment. A chest X-ray dose is equivalent to two days of exposure to natural sunlight; and an abdomen or spine X-ray dose is equivalent to a few months of exposure to natural sunlight.

What if I think I might be pregnant?

If you think you think that you are or might be pregnant, please inform your GP and also the Radiology Call Centre when you call to make your appointment.

This is because special precautions are taken before an X-ray examination on a woman. Women will also be asked by the Radiographer again at the time of the X-ray examination.

How do I get to the hospital?

By public transport:

Both QMC and City are easily accessible by bus services and QMC is on the tram network.

By car:

There is limited parking at both City and QMC hospital campuses – there are parking charges. Alternately, there is a Park & Ride scheme operating from Queens Drive Park & Ride and Wilkinson Street Park & Ride. These sites are serviced by the Medilink bus that runs every 10 minutes.

Feedback

We appreciate and encourage feedback. If you need advice or are concerned about any aspect of care or treatment please speak to a member of staff or contact the Patient Advice and Liaison Service (PALS):

Freephone: 0800 183 0204

From a mobile or abroad: 0115 924 9924 ext 65412 or 62301

E-mail: pals@nuh.nhs.uk

Letter: NUH NHS Trust, c/o PALS, Freepost NEA 14614,
Nottingham NG7 1BR

www.nuh.nhs.uk

The Trust endeavours to ensure that the information given here is accurate and impartial.

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